



**AFRICAN HOLISTIC HEALTH CHAPTER OF NY
3-DAY WELLNESS WEEKEND
MAY 27 - 29, 2017 @ 12p - 7p
Cost: \$30 per day or \$80 for all 3 Days !!**

VENUE:
**AFRICAN HOLISTIC HEALTH CHAPTER OF NY
132-20 116TH AVENUE
SOUTH OZONE PARK, NY 11420
347-427-8668**

**Directions by car: www.mapquest.com
Directions by Mass Transit: www.hopstop.com**

**JOIN US FOR WELLNESS WORKSHOPS, VEGAN FOODS, PRODUCTS,
SERVICES & FILM SCREENINGS. PRODUCTS & SERVICES WILL BE
AVAILABLE FOR SALE !!**

We will have Vegan Food Preparation Classes each day by:

BAABA PA-UR SE PTAH & SISTA BRITTANY



**Baaba Pa-ur - May 27 & May 29: Vegan Breakfast, Lunch, Dinner & Outdoor
Vegan BBQ & Sista Brittany - May 28th - Vegan Decadent Deserts !!**



Sista Jasira - "Benefit of Doula Services" & Brother Jeff Noble "Benefit of Pranic Healing"

Special Invited Guest: Elder George Love & Dr. Shaka Zulu - Medical Qi Gong & Ear Acupuncture for Wellness



Additional Workshops

Yoni & Lingham Steam – Sista Deborah Leftridge & Sista Dottie McLean & Sista Shai



PARTICIPATING PRACTITIONERS:

SISTA SHAI - REFLEXOLOGY
SISTA DEBORAH SEKMET LEFRIDGE - REFLEXOLOGY & SAGE PRODUCTS
SISTA DOTTIE MCLEAN – ASTROLOGY, NUMEROLOGY, COLOR THERAPY READINGS
DR. SHAKA ZULU & DR. GEORGE LOVE – MEDICAL QI GONG & EAR ACCUPUNCTURE

Benefits of Alkaline Water – Sista Patricia Adams



Call to RSVP today: 347-427-8668

Register online: <http://africanholistic.weebly.com/chapter-health--wellness-wknd-2017.html>

www.africanholistic.weebly.com

Facebook: African Holistic Health Chapter of NY

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