#### AFRICAN HOLISTIC HEALTH CHAPTER OF NY MEMBERSHIP



#### 132-20 116<sup>th</sup> Avenue South Ozone Park, NY 11420 347-427-8668

www.africanholistic.weebly.com

Email: shaimesh@aol.com Email: africanholistic@gmail.com

**Facebook: African Holistic Health Chapter of NY** 

**Twitter:** Africanholistic Pinterest: Africanholistic

# APPLICANT INFORMATION Full Name: Date of birth: Cell: Current address: City: State: State: ZIP Code: Email:

#### **WELLNESS DONATIONS - \$25.00**



Donations are greatly appreciated on a weekly, monthly or annual basis. We are not a not-for-profit organization but your donations would be greatly appreciated. If you agree with our cause of affordable health & wellness in our communities, your donations will assist us to continue in those efforts. Do accept a Surprise Gift as a token of our gratitude. Feel Free to donate as much and as often as you like to our ongoing health & wellness endeavors.

If you joined or renewed your membership from January 1st to June, you will be eligible for the Chapter Drawing to win a Shiny New Vitamix Blender. The Drawing will take place on June 30th. We will announce the lucky winner in our July 1st Newsletter.

#### **MEMBERSHIP LEVELS**

### SENIOR CITIZEN/ELDER - (1) YEAR MEMBERSHIP (AGES 55+) - \$60.00

Benefits: Laminated membership card, Vegetarian Times Magazine, Chapter T-Shirt, Free admission to Open House Events @Life Spring Rejuvenation Center. 50% discount on all upcoming courses offered by the African Holistic Health Chapter of NY. 50% discount on any online class given by A Life Of Peace taught by Dr. Akua Gray (Valued up to \$250) and health food coupons. Discounts at Member Holistic Health Centers and Free Holistic Health Assessment!!!



#### Youth Membership - 1 Year (Ages 13-18) - \$50.00

Benefits includes "Shades of Memnon" book oneby Brother G. Laminated membership card, Vegetarian Times Magazine, Chapter T-Shirt, discounted admission to Open House Events @Life Spring Rejuvenation Center. Discounts at Member Holistic Health Centers.



#### College Student Membership (1-Year) - \$80.00

Benefits "Shades of Memnon" book one by Brother G. Laminated membership card, Vegetarian Times Magazine, Chapter T-Shirt, 50% discount on all upcoming courses offered by the African Holistic Health Chapter of NY. 50% discount on any online class given by A Life Of Peace taught by Dr. Akua Gray (Valued up to \$250) and health food coupons. Discounts at Member Holistic Health Centers. !!!



#### Individual Membership (1-Year)M- \$130.00

Laminated membership card, Vegetarian Times Magazine, Chapter T-Shirt, 10% discount on all upcoming courses offered by the African Holistic Health Chapter of NY. Kemetic Yoga, Meditation or Vegetarian Food Prep DVD. Vegetarian Cookbook "Veggie Delight" by Dr. Akua Gray. 50% discount on any online class given by A Life Of Peace taught by Dr. Akua Gray (Valued up to \$250) and health food coupons. Discounts at Member Holistic Health Centers and Free Holistic Health Assessment and new book by Sista Pamela Salaam Jaha entitled, "Black Love, bringing it back in style."



#### Family Membership - 1 Year (Parents, 2 children under 13) - \$150.00

Laminated membership card, Vegetarian Times Magazine, Chapter T-Shirt, Vegan Food Preparation Class with the African Holistic Health Chapter of NY (one parent).50% discount on any online class given by A Life Of Peace taught by Dr. Akua Gray (Valued up to \$250).10% discount on all upcoming courses offered by the African Holistic Health Chapter of NY !!! Kemetic Yoga, Meditation or Vegetarian Food Prep DVD. Vegetarian Cookbook "Veggie Delight" by Dr. Akua Gray and health food coupons. Discounts at Member Holistic Health Centers and Free Holistic Health Assessment and new book by Sista Pamela Salaam Jaha entitled, "Black Love, bringing it back in style."



#### Small Business Membership - 1 Year - \$200.00

Membership for three employees. Discounts on Holistic Health & Wellness Services. Listed among our Member Wellness Centers & Affiliates page on our website. Included are laminated membership cards. Free Holistic Health Assessments for employees. Free Inclusion of your advertisements in our bi-monthly newsletter. Vegetarian Times Magazine subscription, Chapter T-Shirt, 50% discount on any online class given by A Life

Of Peace taught by Dr. Akua Gray (Valued up to \$250), 20% discount on all upcoming courses offered by the African Holistic Health Chapter of NY!! Kemetic Yoga & Meditation CD/DVD. Vegetarian Cookbook "Veggie Delight" by Dr. Akua Gray & health food coupons. New book by Sista Pamela Salaam Jaha entitled, "Black Love, bringing it back in style."



#### <u>Lifetime Membership - \$1500</u>

Laminated membership card, Vegetarian Times Magazine, Chapter T-Shirt, (1) Complimentary Vegetarian Food Preparation Class. Complimentary Admission to "The Bodies Exhibit." Jack LaLanne Juicer. 50% discount on any online class given by A Life Of Peace taught by Dr. Akua Gray (Valued up to \$250), 10% discount on all upcoming courses offered by the African Holistic Health Chapter of NY !!! Kemetic Yoga, Meditation or Vegetarian Food Preparation DVD. Vegetarian Cookbook "Veggie Delight" by Dr. Akua Gray. Health Freedom 6-DVD Box Set from FoodMattersTV. 1-Day Vegetarian Food Preparation Class Taught by Baaba Pa-ur and health food coupons. Discounts at Member Holistic Health Centers and annual free Holistic Health Assessment. New book by Sista Pamela Salaam Jaha entitled, "Black Love, bringing it back in style.



#### **CORPORATE MEMBERSHIP - One Year - \$3,000.00**

Gym Membership with Personal Training for three employees with Herman Smalls Specialized Fitness in Harlem, NYC. Discounts on Holistic Health & Wellness Services for all employees. Free Admission to employees on select Holistic Health Workshops & Seminars. Year round recognition & visibility for your support in our bi-monthly newsletter, on our website which is viewed by families, educators, community groups, elected officials, donors and other educational institutions across the country and the globe. We will host an onsite Corporate Holistic Health & Wellness Day for your employees. Included is your laminated membership card. Inclusion of your YouTube advertisement in our bi-monthly newsletter. (3) Vegetarian Times Magazine employee subscriptions, (3) Chapter T-Shirts, (3) Complimentary Vegetarian Food Preparation Classes. (3) Complimentary Admission to "The Bodies Exhibit." (1) Vitamix Blender, 50% discount on any online class given by A Life Of Peace taught by Dr. Akua Gray (Valued up to \$250), 20% discount on all upcoming courses offered by the African Holistic Health Chapter of NY!! Kemetic Yoga & Meditation CD/DVD. Vegetarian

Cookbook "Veggie Delight" by Dr. Akua Gray. Health Freedom 6-DVD Box Set from FoodMattersTV and health food coupons. New book by Sista Pamela Salaam Jaha entitled, "Black Love, bringing it back in style."

## YOU MAY ALSO PAY YOUR DUES BY CHECK/MONEY ORDER/PAYPAL & ALL MAJOR CREDIT CARDS

# MAKE CHECKS PAYABLE TO: C3E, INC. 132-20 116TH AVENUE SOUTH OZONE PARK, NY 11420 ATTN: AFRICAN HOLISTIC HEALTH CHAPTER OF NY

#### **Credit Card Information:**

Name on face of credit card (Please Print Clearly):
Credit Card Number: Visa/Master or American Express/Discover, etc (circle one) Expiration Date: CV Code (on back of card) Billing Address: City State & Zip Code: Signature of Credit Card Holder:
What would you like to contribute to making the Chapter grow?
Is there an event you would like the Chapter to participate in?
Questions or Comments: