



The African Holistic Health Chapter of NYC

Welcomes

Dr. El Ha Gahn

**Two Sessions Available for the
1-Day Introductory Class
\$300.00**

**March 3, 2012 or May 19, 2012
Saturdays: 9a—5p**

**May use payment for the introductory class
as a credit towards the 3-Week Beginner
Certification Training !!!**

What is Reflexology?

Reflexology is an interesting science pertaining to the energy zones in the body and how they represent the relative state of health in the various aspects of the body. In this course you will be guided through a hands-on journey to understand the inner workings of the feet and hands as well as the corresponding responses that promote greater body energy and efficiency. You will be introduced to the fascinating world of how your own energy is able to effect the energy of others and how you can monitor the changes. This course is designed for people who intend to develop skills to use professionally. It will be serious, challenging, comprehensive and fun. You should plan to attend all sessions as not to miss any of the important knowledge, technique and skills that will be critical to your success.



**3-Week Beginner Visionary
Reflexology Certification
Cost:\$1,000**

JUNE 16—17, 2012

JUNE 23—24, 2012

JUNE 30 - JULY 1, 2012

Saturdays & Sundays: 9a to 5p

Includes Field Trip to Bodies Exhibit !!

**3-Week Advanced Visionary
Reflexology Certification
Cost:\$1,000**

SEPTEMBER 15—16, 2012

SEPTEMBER 22-23, 2012

SEPTEMBER 29-30, 2012

Saturdays & Sundays: 9a to 5p

**All Major credit/debit/atm cards, Cerified Checks,
Money Orders, PayPal & Cash accepted
You may register online or
contact Sista Shai (Shy-ee)
347-427-8668**

**Life Spring Rejuvenation
953 E. 225th Street
Bronx, NY 10456**

**(Between Paulding & Bronxwood)
Directions by Train: #2 Train to E. 225th Street
Directions by car: www.mapquest.com
Directions by bus: www.hopstop.com**

