



**The African Holistic Health Chapter of  
NYC  
Welcomes**

**Dr. El Ha Gahn  
3-Week Beginner Visionary  
Beginner Reflexology Certification  
Cost: \$800  
JULY 9—10, 2016  
JULY 16—17, 2016  
JULY 23 - 24, 2016  
Saturdays & Sundays: 9a to 5p**

**What is Reflexology?**

Reflexology is an interesting science pertaining to the energy zones in the body and how they represent the relative state of health in the various aspects of the body. In this course you will be guided through a hands-on journey to understand the inner workings of the feet and hands as well as the corresponding responses that promote greater body energy and efficiency. You will be introduced to the fascinating world of how your own energy is able to effect the energy of others and how you can monitor the changes. This course is designed for people who intend to develop skills to use professionally. It will be serious, challenging, comprehensive and fun. You should plan to attend all sessions as not to miss any of the important knowledge, technique and skills that will be critical to your success.

**Includes:**

**In Class Vegan Meals  
1-Year Chapter Membership  
Admission to Bodies Exhibit  
Reflexology Starter Supplies**

**Includes Field Trip to Bodies Exhibit !!**



**All Major credit/debit/atm cards, Cerified Checks,  
Money Orders, PayPal & Cash accepted  
You may register online or  
contact Sista Shai (Shy-ee)  
347-427-8668**

**African Holistic Health & Wellness Center  
132-20 116th Avenue  
South Ozone Park, NY 11420**

**Directions by car: [www.mapquest.com](http://www.mapquest.com)  
Directions by Public Transit: [www.hopstop.com](http://www.hopstop.com)**

