

BILL PERKINS
SENATOR, 30TH DISTRICT
RANKING MINORITY MEMBER
CORPORATIONS, AUTHORITIES &
COMMISSIONS
NYC EDUCATION SUBCOMMITTEE
COMMITTEES:
CIVIL SERVICE & PENSIONS
CODES
ENVIRONMENTAL CONSERVATION
FINANCE
JUDICIARY
LABOR
RULES
TRANSPORTATION

NEW YORK
STATE
SENATE
ALBANY, NEW YORK 12247



ALBANY OFFICE
517 LEGISLATIVE OFFICE BUILDING
ALBANY, NEW YORK 12247
518-455-2441
FAX 518-426-6809
DISTRICT OFFICE
STATE OFFICE BUILDING
163 WEST 125TH STREET
ROOM 912
NEW YORK, NEW YORK 10027
212-222-7315
FAX 212-678-0001
E-MAIL
PERKINS@NYSenate.GOV
WEBSITE
PERKINS.NYSenate.GOV

September 11, 2014

Sista Shai,
African Holistic Health Chapter of NY
132-20 116th Avenue
South Ozone Park, NY 11420

Dear Sista Shai,

Please accept my most heartfelt “thank you”—and humble appreciation—for making our annual “Aging Healthy in Harlem” event, co-sponsored by MetroPlus Health Plan, a resounding success.

Your thoughtful, substantial and enriching contributions to our event put beaming smiles on the faces and touched the hearts of over 300 of our beloved seniors who thoroughly enjoyed a day of purposeful activities, fine food and spectacular entertainment.

Our shared success is measured by the lives we touch, the good we do for others and our collective community impact; your partnership was essential in fostering a unique event where we resoundingly expressed our appreciation, respect and reverence to our seniors—and recognized their amazing and profound contributions to our lives.

It is not too soon to commence the planning and brainstorming for next year’s event—and I will again be calling upon you to lend your time, talents and generous spirit to our annual “Aging Healthy in Harlem” next year. In the interim, I wish you continued success in your purposeful endeavors.

Once again, on behalf of myself, our dedicated co-sponsor MetroPlus Health Plan, and the wonderful seniors in our Harlem community—I express my deepest thanks for your meaningful contribution and partnership.

Respectfully yours,

Handwritten signature of Bill Perkins in black ink.
Bill Perkins
NY State Senator 30th District

NEW YORK Amsterdam News

August 28 - September 3, 2014

Aging healthy in Harlem



The Second Annual "Aging Healthy in Harlem" Senior Citizen Health/Vanity Day, a free community festival with fun, food and facts for seniors, was held on the Harlem State Office Building outdoor plaza. The event sponsors were NY State Senator Bill Perkins and MetroPlus Health Plan. Entertainment included a poetry selection, a soul line dance party and a swing dance selection. Food was donated by Sylvia's, Melba's, Gran Piatto D'oro, Freda's Caribbean & Soul Cuisine, Applebee's, Cove Lounge, Sarku Japan, Fishers of Men and Chocolat.