



**The African Holistic Health Chapter
of NY**

Welcomes

L. Deanna Howard, MD

To instruct:

**“Wellness Education & Personal
Rejuvenation for
Licensed Healthcare Professionals”**

**Saturday & Sunday
Sept 11—Sept 12, 2010**

9a—5:30pm

Cost: \$500.00

Our licensed health care professionals are the most under appreciated, overworked and under-paid professions in the USA!! Most of you are on your feet endlessly and not able to get the nurturing you need to keep yourself strong. We have created this forum for you who are licensed healthcare professionals. We want you to have a seat, be pampered, be fed and get recharged during the weekend of June 5-June 6th. There will always be sick in need tending, but we will only have one YOU! Would you take a moment to allow us to take care of you???

Activities of the Weekend include:

- **Wellness lecture both days by L. Deanna Howard**
 - **Choice of 3 of 6 of the following services:**
- **Reiki, Reflexology, Iridology, Massage, Foot Detox , Health Assessment**
 - **Includes light breakfast & healthy lunch with beverage**
 - **Film Screening on Health & Nutrition**



**LIFE SPRING REJUVENATION
CENTER**

**953 E. 225th STREET
BRONX, NY 10466**

Take #2 Train to E. 225th Street
Directions by car: www.mapquest.com
Directions by bus: www.hopstop.com

Contact Sistah Shai (Shy-ee) @ 347-427-8668 or
Register online: www.africanholistic.weebly.com
All major debit/credit/ATM Cards accepted, cash & money
orders & certified checks only