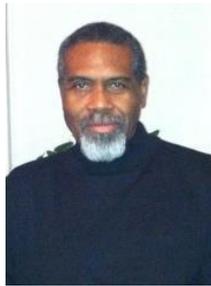


Testimonies for ANCAR 2000



DR. ASAR HAPI

When I first started ANCAR 2000 Breathing program I didn't know what it would do for me . I was going into my junior year and was a football player who struggled with injuries. I wanted to be prepared for my first year of varsity football. I started my session with Dr Hapi, during football training camp and continued with sessions through out the season. Now I'm faster and more explosive and recover faster after games. That year athletically I felt at my best, and I remained injury free. I attributed this success to my many sessions using ANCAR 2000.

~Aaron Potts.

I had a stroke with a blood pressure of 200 over 200 for 2 1/2 hours with my right hand burning to the bone on a radiator. I made it through hospitalization and was directed by Rev. Russ Richardson to Dr Hapi. Incredibly with Dr. Hap's ANCAR 2000 breathing technique program , pain therapy and supplementation, I consider myself to be so blessed and a example of what our Father has gifted us with Dr. Hapi and his knowledge. My blood pressure is normal now and my general health is very good. I would say the best it has ever been. By the way I am sixty five (65) years young. Dr Hapi is sometimes referred to in sports as our "secret weapon", but no more. Dr Hapi is our gift to our community.

~Frances Becton

I am a heart patient and had stent surgery in 2004 and 2008 for blocked arteries. My doctor informed me if my condition continued (plaque/clogged arteries. I would need open heart surgery. I also had high cholesterol and hypertension. I started with the ANCAR 2000 breathing program, with Dr. Hapi in Nov ember 2010. My condition has progressively improved. I no longer will need open heart surgery and my Medicine have been reduced to less than half. I have more energy, strength, stamina and vitality all attributed to the ANCAR 2000 program. My goal is to be "medicine free". This goal will be accomplished through the ANCAR 2000 program.

I began the ANCAR 2000 program with Dr. Hapi in Febru-ary 2011, after suffering an acute panic/anxiety attack, which landed me in the hospital. The fact that I have high blood pressure exacerbated my condition and kept my blood pressure elevated. However, since beginning the ANCAR 2000 program my issues with anxiety have dramatically decreased and my blood

pressure has nor-malized to the point that my Cardiologist physician cut my blood pressure medication dosage in half. Through the ANCAR 2000 program my energy, stamina and mental alertness has increased and my overall health has immensely improved.

~Cheryl Smith

Since starting ANCAR 2000 breathing program I have become more in tune with exactly what parts of my body are not 100%. Also, in sports, I noticed that even when I become out of breath my body does not slow down. My endurance has increased to the point that I get tired of running before I get tired from running. What this means is I become disinterested doing the same running, I want to run a different distance or different direction, before I become too fatigued to continue running. This is how I believe distance runners sometimes feel but I am a sprinter.

~Alex Brown

The strength and power that I have developed has given me a sense of Inner body harmony. Since I have taken advantage of the ANCAR2000 that Dr. Hapi offers the following is true for me. My internals are solids, my breath is constantly regenerating and taking less energy to function. My, Tony Brown, health is excellent. I strongly recommend ANCAR2000 for optimal health. A believer in Total Health.

~Tony Brown

My name is Ray Crockrel and I reside in Chicago, Illinois. In May of 2006 I entered the Edward Hines Veterans hospital for what was supposed to be a routine Hernia surgery which, was anything but routine. The surgery left me with paralysis on my entire left side and put me in a wheelchair with the lost of my motors skills. I lost the use of my left arm, hand and leg. For the next 6 years I had to undergo extensive physical and occupational therapy, which gave me some help but not what was needed to restore my motor skills on my left side. I became depressed. Although I was making some progress it was not applicable to the amount of therapy I was get-ting I still had no use of my left hand and arm. My leg was making little progress.

After discussing my situation with a long-time friend I was introduced to Dr. Hapi. When I met him I didn't know what to expect but he started working with me right away and introduced to his method of therapy. Within a three-month period my prognosis progressed substantially. I started to notice a change in my motor skills and I was able to use my left arm, hand and leg. The sensations started to return to my left side. I have made more progress with Dr. Hapi in the pass five-months then I had go-ing through 6 years of westernized therapy as well as physicians. I feel very confident working with him and he has demonstrated a more humane characteristic then that of my former therapists. I have even suggested to others that I know that they seek his help. I thank God that I was fortu-nate enough to have been introduced to Dr. Hapi. I can say that I am truly grateful to have him as a physician.

Sincerely

Ray Crockrel